

WAXING CRESCENT / NEW MOON SPRING 2021



- A1:** At the time of the dark moon,
the most silent night of the month,
quiet and dark covered us.
The breath of nature was suspended.
- B1:** Now our rest, vigil, and introspection
give way to light and action.
We are touched by the maiden –
Who changes everything she touches.
- A2:** At the awakening out of the dark.
the moon emerges, the tide turns;
and all is transformed.
- B2:** We welcome now the new moon's growth -
Shine upon us!
- A1:** Let the fine mists of moonlight refresh us,
and rinse us clean!
- B1:** Turn the night into patterns of dancing light,
and let us shine!
- A2:** Whatever we have been
 has made us what we are this very moment.
All we shall ever be
 Begins at this very moment.
- B2:** let us show forth in this rite
 The dynamic nature of the goddess,
That the minds of women and men
 May be as fertile as their fields.



- A1:** Close your eyes and take a deep breath . . .
Feel yourself letting go of conscious thought,
Of worry, of tension,
And of doubt.
Breathe and relax.
Relax your whole body,
Knowing that you are in a safe place . . .
Only when your body is fully relaxed
 Is your awareness free to travel the other realms.

- B1:** Continue to breathe deeply,
knowing that you are supported
in moving in the direction of your dreams,
in manifesting the intentions of your heart.
And so for right now, relax, breathe, and let go.
- A2:** *[count 10]* See the doors of your heart opening wide,
and yourself entering within,
going inward into your inner space,
your inner peace,
your inner calm,
your inner silence.
Breathe and relax.
- B2:** *[count 10]* See yourself sitting outside in a safe place in nature,
on top of a hill, or in a clearing,
where you can get a full view of the night sky.
Notice your surroundings.
The darkness of night enfolds you,
but you are able to sense, to feel, and to know the presence:
the protection of the earth energy below,
and the inspiration of the celestial energy above.
- A1:** *[count 10]* Looking up at the night sky,
you see stars hovering in the blackness.
Instead of individual stars, though,
you see a never-ending canopy of dark and light,
of black and silver.
- B1:** *[count 10]* A tiny silver crescent has appeared now.
The darkness is pierced –
the journey has begun.
- A2:** *[count 10]* The light grows now,
To a thick bright curve, a stronger crescent;
The starry curtain fades to the background.
You feel your soul stir . . .
And as her glow becomes stronger and clearer,
Your intent becomes stronger and clearer.

- B2:** [count 10] Receive her blessing,
Link your vision to her vision,
Link your strength to her strength . . .
- A1:** [count 10] As you sit in meditation and communion with the one,
You begin to realize that others are communing with her also.
Many people:
Sharing your energy, lending their energy,
all drawing on her energy.
People you know, people you don't know,
People you only know a little,
People you used to know,
People you will know someday,
Or perhaps someone who knows someone,
Who knows someone you know.
- B1:** [count 10] We share an intent, a vision for this moon cycle.
It is a vision of compassionate awareness in the world.
what do you visualize, in this world of compassionate awareness?
[count 10] what will be different for you?
[count 10] what will be different for those around you?
[count 10] what will be different for those in the wider world:
for those you don't know,
but whose lives you only hear about?
- A2:** [count 10] Receive the blessing and the strength of the great mother.
Know that she is with you always.
- B2:** [count 10] The moon continues to grow,
making the sky less and less black,
more and more blue.
- A1:** [count 10] As her power grows this month, we will feel our own power grow.
Each night as you watch her bloom and shine,
You will be seeing the strength of our united energies grow.
- B1:** Our bond with each other grows, as our bond with the mother grows.
Each day: bigger, brighter, stronger, bathing the earth in the light of compassion.
The light of acceptance.
The light of justice.
The light of giving.
The light of love.
The light of compassionate liberation.

- A2:** [count 10] So, ask for what you desire. Visualize what you wish to be **SO**.
- B2:** [count 10] And as you place this intention,
as you visualize what you wish to be **SO**,
The shining crescent glows brighter and bluer.
You feel your energy mingling with hers,
And with your sisters and brothers throughout the world.
- A1:** [count 10] As you continue to view the night sky above,
you once again notice the canopy of stars.
The light of a million stars, now gathered into one great nebula,
each star one of the children of earth like yourself.
- B1:** [count 10] Hold on to this feeling, and remember it:
The feeling of being one of many in a huge driving force.
One of many who are driven by compassion and divine will.
- A2:** [count 10] Each time you look at the moon growing full this month,
feel your energy growing also.
- B2:** [count 10] This is the moon that brings growth.
This is the moon that brings life.
This is the moon that shines with burgeoning forth.
- A1:** And let **us** also shine this night
as a symbol of growth,
of compassion,
of justice,
of all-encompassing love,
and of reaching out, in love and gratitude,
- B1:** Our Lady of the Moon,
in whom our endings are but new beginnings,
we are gathered here in your name.
Grant us your presence, we pray, in this time and in this season,
that we may grow again in spirit and soul.

- A2:** Then let us face the month ahead with nerve and blood,
with toil and delight and passion,
and with the strength
of She who mingles old things with new things,
The never-changing with the ever-changing;
With the old that remains always the new,
The new that perpetually becomes old.
May **WE** also change everything we touch.
- B2:** [count 10] Close your mind's eye again.
Take a minute to let the lights fade from your sight,
that you may return to your place of solitude.
- A1:** [count a full minute]
When rested, you will rise refreshed and renewed,
Ready to move forward.
Keep always in your mind your vision of compassionate liberation,
and what you desire to see in the world.
- B1:** And know now this mystery:
She has been with you from the beginning,
and She loves you always.
- A2:** Take your time, and begin taking a deep breath.
And another.
Continue to breathe deeply,
until you begin to feel your body again.
- B2:** [count 10] when you are ready,
take one more long breath.
[count 5] And another.
Then open your eyes, if you wish,
and rejoin us at the grove of the silver birches.



